

The HDU or Intermediary ICU

- Our Executive Director Dr. Jeyakumar Daniel inaugurated the HDU at the hospital
- 24 x 7 vital signs monitoring and on call doctors are available and Heart attack, stroke, poisoning, etc. could be treated.



The Surgical Camp @ Kohima

- 12 major surgical procedures were carried out
- A combined endoscopic and laparoscopic surgery was carried out to treat a complication



The surgical camp @ Aizawl

- 27 major surgical procedures were carried out including 13 laparoscopic surgeries
- A brand new procedure for infertility carried for the first time in the world resulted in pregnancy



Tropical Doctor publication

- The technique of finding the correct surgical planes that is being used at KRCH and at camps was recently published by the International Journal “Tropical Doctor” which is published from London

Methods and Devices

The use of Hegar's dilator for finding correct planes around the uterus

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SUMMARY The Hegar's dilator could be used during both laparoscopic and open surgeries to find the correct planes to enter into either posterior or anterior fornix with minimal blood loss and with ease.

Introduction
During laparoscopy-assisted and open surgery, finding the correct planes between the uterus, bladder and rectum can be difficult. There could also be significant blood loss. We describe how the 15F Hegar's dilator could be used to find the correct planes.

Materials and method
During laparoscopic surgery to enter the pouch of Douglas the 15F Hegar's dilator should be placed in the posterior fornix while the uterus is pushed superiorly and anteriorly with a smaller dilator in the uterus (placed earlier). The vaginal wall over the 15F dilator can be incised using a



Figure 1 Finding the plane in the posterior fornix



Figure 2 Finding the anterior plane during difficult hysterectomy

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The month September 2011

- As compared to the similar period last year there was
 - 10% increase in outpatients
 - 35% increase in in patients
 - 100% increase in surgeries at KRCH
 - 50% increase in local income



A rare surgical procedure

- Few months ago we made a reconstructed penis for a man with epispadias
- In September it was the turn for creating a vagina from vascularized tissues nearby

